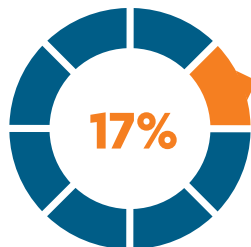


BREAST CANCER in Europe

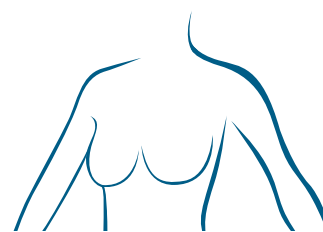


BREAST CANCER is the most common cancer in Europe^{1,2}

It can affect both **women and men**, although cases of male breast cancer are rare⁴



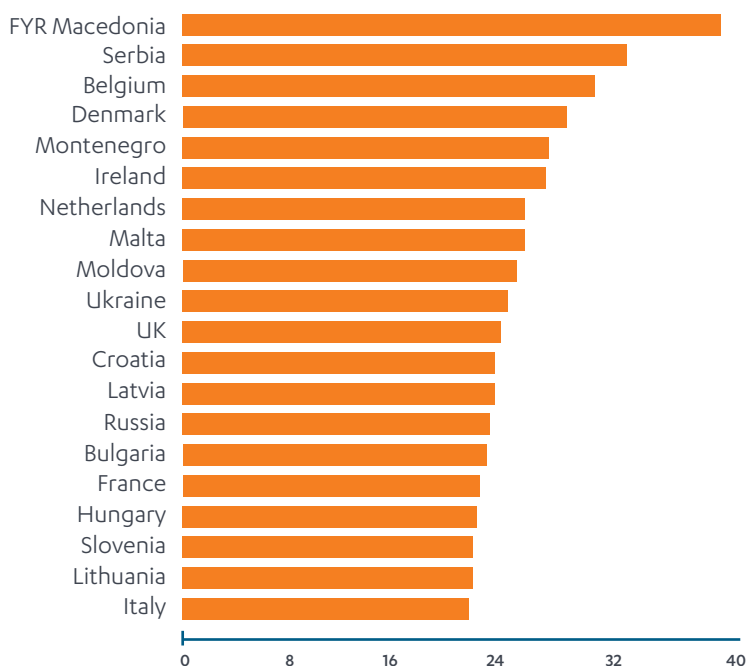
It is the **most common cause** of cancer death in Europe for females, accounting for around 17% of all female deaths from cancer⁵



Symptoms can include:⁶

- A painless lump in the breast
- Change in the size or shape of the breast
- Altered skin texture
- Changes to the nipple
- Breast pain

In **2012**, the countries with the twenty **highest mortality rates** for breast cancer were^{*2}:



Risk factors for breast cancer include:⁷



Family history of breast cancer



Having children later in life



Early puberty or late menopause



Presence of BRCA 1/2 gene mutations (uncovered through genetic testing)



Lifestyle factors (eg. alcohol use, obesity)



Use of some oral contraceptives and/or hormone replacement therapy

*European age standardised rates per 100,000

References

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